

Nick Nairn & Hamlyns of Scotland

Oats for all Seasons **Winter**



HAMLINS
of Scotland
Oatmeal & Porridge Oats

Skirlie-stuffed Chicken Thighs with Garlic and Thyme

Serves 6

Skirlie makes the perfect stuffing for chicken, and adding a touch of garlic and fresh thyme to it makes it special.



For the Skirlie stuffing:

- 50g good beef dripping (or olive oil)
- 1 medium onion, finely chopped
- 1 garlic clove, crushed
- 50g Hamlyns Scottish Medium Oatmeal
- 50g Hamlyns Pinhead Oatmeal
- 1 tablespoon chopped flatleaf parsley
- 2 large sprigs fresh thyme
- 1 egg yolk
- 6 boneless chicken thighs (with skin on)
- 2-3 tablespoon sunflower oil
- salt and freshly ground black pepper

Method

In a heavy frying pan melt the dripping over a medium heat. Add the onion and garlic and cook for 6 - 8 minutes until softening but not coloured. Increase the heat slightly and add both types of oatmeal. Mix well until the fat is absorbed then cook, stirring regularly for about 8 - 10 minutes until it is toasted and crumbly. Remove from the heat and season well, stirring in the parsley and thyme leaves. Set aside to cool then mix in the egg yolk.

Use this to stuff the chicken thighs, then tie them up with fine kitchen string and season. Heat the oil in the frying pan and brown the chicken thighs all over.

Place skin side up in a roasting tin and bake at 200°C/400°F/Gas mark 6 for 20 minutes until cooked through and crispy. Remove the string and serve with mashed potatoes mixed with sautéed spring onions and shredded greens, a pile of broccoli and the pan juices.

Harry Colquhoun!
Niall Nairn

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Hamlyns of Scotland is the only brand of porridge oats and oatmeal guaranteed to be 100% Scottish from seed to mill to finished product. Hamlyns' state of the art oat mill is located in the Banffshire countryside, in the heart of Scotland's oat growing country, where the climatic and soil conditions are ideally suited to growing oats. Here the traditional skills of the miller are combined with the technology of one of the most modern oat processing plants in Europe, to ensure a traditional quality product every time.

Hamlyns Scottish Porridge Oats and Oatmeal contain absolutely no additives whatsoever. No salt, no sugar, no flavourings, no colourings and no preservatives.

You can find lots more Scottish recipes using Hamlyns Scottish Oatmeal and Hamlyns Scottish Porridge Oats, as well as lots of other interesting information on the Hamlyns of Scotland web site:

www.hamlynssoats.co.uk